

## Recommended First Aid Kit Contents

### First Aid Kit – Vehicle

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**An emergency vehicle first aid kit specially designed for use in your car. This kit contains first aid supplies to treat minor injuries.**

**Kit contents include:**

- 1 x Green plastic first aid case (size: 27cmx22cmx10cm, weight of kit 1.1kg).
  - 1 x Quality rescue hammer
  - 1 x Tuff cut shears
  - 1 x High intensity light stick - 30 minute duration
  - 1 x Life-aid resuscitation shield
  - 1 x Adult size foil blanket
  - 1 x General guidance leaflet
  - 1 x Sterile dressing - no. 8
  - 1 x Sterile dressing - no. 9
  - 1 x Sterile dressing - no. 16
  - 1 x Ambulance dressing - no. 1
  - 1 x Texband 7.5cm contour bandage
  - 1 x Sterile non-woven triangular bandage
  - 1 x Transpore hypoallergenic tape - 2.5cm
  - 20 x Waterproof assorted dressings
  - 10 x Alcohol free wipes
  - 4 x Pairs latex free gloves
  - 6 x Assorted safety pins
  - 10 x Zetuvit pads - 10cm
  - 1 x First aid windscreen sticker
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